

POST ANESTHESIA INSTRUCTIONS FOR ESCORT

The person you are escorting has received medications that will alter their mental functions. Although greater than 90% of the effects are worn off by the time they leave the clinic there will be some lingering affects. Please remain with this patient for at least 8 (eight) hours. You will need to help the patient do the following:

- ?? DO NOT allow them to drive till tomorrow
- ?? Review the pre-printed post operative instructions with the patient
- ?? Help the patient get into the automobile and into the house
- ?? Have the patient keep his/her head elevated for 72 hours
- ?? Remove the gauze before sleeping. The gauze should stay in position for two hours after leaving the office.
- ?? Encourage fluid intake today. Start with clear liquid such as water, tea or Kool-Aid.
- ?? Pain medications may be taken after the patient has had clear liquids and food.
- ?? Call our office if you have any problems or questions