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## Instructions for Patients Undergoing Oral Surgery and Anesthesia

# NO EATING & NO DRINKING FOR 6 HOURS!

### Do...

1. Brush your teeth before your appointment
2. Take the medications that you normally take unless you have been told to do otherwise. Use no more than 2oz. of WATER to take the medication.
3. **Bring a responsible escort with you. *If you are under 18 years of age you must have a parent or legal guardian with you. This person will need to stay in the office while you are in surgery and should be able to drive you home.***
4. Arrange for someone to be with you for at least 8 (eight) hours after you get home. This needs to be a responsible individual, preferably an adult.
5. Wear loose, old clothing. Short sleeves are desirable.
6. Arrive 15 minutes early for your appointment. This helps avoid delays in starting. We make every effort to be on time. The number one reason we get behind is because patients arrive late for their appointments.
7. Plan to be in the office about 1 ½ hours
8. Have a pillow, light blanket, and tissues in the car
9. If you have been directed to take Ibuprofen, take it the night before your appointment and the morning of your appointment with a sip of water.

### Do Not...

1. **EAT OR DRINK ANYTHING for 6(six) hours** before your surgery\*. You may take your medications as described in the "DO" column  
**NO GUM – NO HARD CANDY**
2. Wear contact lenses
3. Wear eye make-up, heavy face make-up, wigs or hairpieces
4. **WEAR NAIL POLISH** It interferes with the monitoring equipment.
5. **Wear high heels, clogs, or sandals**
6. Bring small children or more than two people with you, if possible. Our reception area is small and can easily become overcrowded.

**Please inform your escort not to bring food or drink into the office. Many of our patients cannot eat or drink before surgery, and it is rude to tempt them!**

**\*FAILURE TO FOLLOW THIS ITEM WILL REQUIRE RESCHEDULING YOUR SURGERY AND INCUR A \$75 LATE CANCELLATION FEE!**

Full instructions and prescriptions for post-operative care will be given to the patient on the day of surgery and an appointment will be made for a post-operative visit.

If you have a serious illness or are under the care of a physician, tell him/her of your surgical plans. If he/she feels it is indicated, let him/her give you a check-up, advise us of his/her findings and recommendations prior to surgery. If necessary, we will consult your physician. Take all medications the day of surgery unless specifically told not to do so.

Additional x-rays may be required and ordered by the doctor prior to your surgery. The purpose is to insure that you receive appropriate, safe, and expert care.

**PLEASE CALL OUR OFFICE 48 HOURS IN ADVANCE IF YOU NEED TO RESCHEDULE**

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